



Research Experience and Mentoring

Career Panel Handout 1: Building Your Individual Development Plan (IDP)

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<i>Skill to Develop</i>	<i>Goals and Strategies: Short Term</i>	<i>Goals and Strategies: Intermediate Term</i>	<i>Goals and Strategies: Long Term</i>
Research Skills	Complete a research methods course to improve my experimental design skills	Identify a research area that interests me and explore schools and scholars that are recognized in the field	Matriculate in a graduate program that fosters my interests and will allow me to pursue my research goals Identify new areas of research to explore within my field
Public Speaking	Deliver an effective podium presentation or interactive presentation as part of my coursework	Present research at a poster session at my school or at a regional conference	Submit research to a national conference and present
Network Building	Attend meetings and symposia of interest offered at my campus	Join a scholarly group at my school that is geared towards a research area that is of interest to me	Become an officer in a research group